Park Manor Cy-Fair



Giving Thanks and Expressing Gratitude During the Thanksgiving Season

Thanksgiving is a time to gather with loved ones, share great food, and celebrate the joys of life. But it's also a moment to reflect on the deeper meaning of gratitude, beyond just one day.

This year, take a moment before the meal to share with your family what you're thankful for. Whether it's big or small, every blessing matters. Perhaps you're grateful for the warmth of family traditions that have been passed down, like your grandmother's cherished pie recipe. Maybe it's the quiet strength you've found to face life's challenges, or the comforting memories shared with loved ones who are no longer with us.

Give thanks for the simple joys—like a child's laughter, a warm hug, or the opportunity to sit around the table with those you hold dear. Be mindful of the importance of giving, whether it's time, love, or support.

Wishing you and your family a Happy Thanksgiving filled with gratitude, love, and togetherness!

PARK MANOR
CY-FAIR



Happy Birthday

Elizabeth N.	11/1
Lenore A.	11/4
Rafael V.	11/12
James H.	11/15
Karen M.	11/30

WELCOME NOVEMBER!

November will be a Turkey Month of Fun!

11/19 We will celebrate our family & friends Thanksgiving Dinner. 5:30 pm – 7:30 pm.

Resident of the Month

Our resident of the month is Elizabeth C.! Mrs. C. is so full of love and willing to help other people. She has a heart of gold; she enjoys bingo, church service, helping a hand, the outdoors, and conversation with staff.

Activity Photo Highlights!!













Highlights...continued













VETERANS DAY
Honoring Those Who Serve on November 11

Today we honor the courage, dedication, and sacrifice of the men and women who have served our country. Veterans Day is more than a date—it's a moment to reflect, remember, and show our gratitude.

Ways to honor veterans:

- Wear pins, clothing, or accessories that show support
- Donate to organizations that assist veterans or active-duty service members
- Share a meal, coffee, or kind gesture with a service member
- Send a letter, text, or care package
- Visit a memorial or cemetery to pay respects

This day is also a chance to connect with family and friends. Share stories of loved ones who served, reflect on the freedoms their service protects, or create a small tribute together. This Veterans Day, reach out, reflect, honor and take a moment to thank a veteran.



PARK MANOR
CY-FAIR

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Management Team

Administrator
Stanley Lira

Director of Nursing
Adriane Ruffin

Director of Admissions
TBD

HR/Payroll Coordinator
Lynsey Williams

Business Development
Tray Daniels

Admission Assistance
TBD

MDS
Jorlanda Tripp

PPS
Chiquita Evans

Social Worker
Cheyenne Norr

Medical Records
Veronica Thomas

Unit Managers (ADON)
Kyle Rogers &
Montoya Coleman

Director of Therapy
Nicole Winder-Collins

Activity Director
Twilia Fielder

Dietary Manager
TBD

Director of Talent
Ryan Walter

Staffing Coordinator/ Central Supply
Tabitha Steptoe

Maintenance Director
Frank

Transportation Coordinator
Erica Williams

Office Visit Hours
8AM-5PM Monday – Friday

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Word Search

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

L	I	A	B	H	C	O	S	U	P	P	O	R	T	C
U	E	B	M	H	M	N	S	K	A	I	V	R	O	N
C	Y	A	D	E	S	F	M	A	O	Q	D	I	M	B
X	A	M	V	K	D	X	A	U	D	K	N	U	H	C
Q	W	E	N	E	H	G	R	A	T	I	T	U	D	E
S	R	A	J	O	S	K	G	N	D	U	Z	N	F	M
C	H	L	D	I	J	L	B	F	A	M	I	L	Y	Y
T	G	E	N	U	O	C	A	B	P	Y	O	T	R	N
F	W	H	A	W	S	E	T	R	H	O	N	O	R	L
O	Q	Z	F	V	E	T	E	R	A	N	M	T	S	A
O	F	D	E	X	I	S	H	A	R	E	L	U	J	G
D	L	V	L	I	R	E	M	E	M	B	E	R	D	K
E	K	A	K	I	N	D	N	E	S	S	Z	K	N	Y
D	H	T	S	F	E	N	E	M	C	C	W	E	X	J
J	F	U	I	U	J	M	S	B	K	Z	E	Y	P	W

WORD LIST

AUTUMN
FAMILY
FOOD
GRATITUDE
HONOR
KINDNESS
LEAVES
MEAL
MEMORY
REMEMBER
SHARE
SUPPORT
THANKS
TURKEY
VETERAN