

PARK MANOR CY-FAIR



FAMILY FUN MONTH: END-OF-SUMMER FUN CHECKLIST

August is Family Fun Month, making it the perfect time to squeeze in a few more summer memories before the season comes to an end. You don't need a big vacation or expensive plans. Sometimes the simplest moments become the ones we remember most.

See how many you can check off before summer says goodbye!



- ☐ Read a new book
- ☐ Try a new ice cream flavor
- ☐ Make S'mores
(National S'mores Day is August 10!)
- ☐ Have a picnic indoors or outside
- ☐ Play your favorite card or board game
- ☐ Mix up a new lemonade flavor
- ☐ Watch a summer sunset
- ☐ Blow bubbles
- ☐ Listen to your favorite songs from years past
- ☐ Share a favorite summer memory
- ☐ Call or visit someone who makes you smile
- ☐ Enjoy a walk or simply relax outside
- ☐ Take a photo to remember the day

Whether you complete one activity or all of them, every little adventure is a chance to make new memories.
Summer isn't over yet!

Activity Photo Highlights!!



HAPPY BIRTHDAY

Mary C.	8/2
Evelynia G.	8/4
Rosendo G.	8/5
Ngocbich T.	8/7
Roberto D.	8/10
Rose H.	8/10
Betty T.	8/19
Barbara S.	8/30



Short-Term Therapy Success

ADMISSION & TREATMENT:

Mrs. Edwina S. is an 80-year-old who admitted to Park Manor CyFair from Houston Methodist. She was hospitalized secondary to a Right Femur Fracture. She was successfully treated and discharged.

The therapy team at CyFair performed initial evaluations following admission.

Following initial assessments, she required moderate assistance for bathing, dressing and toileting.

She required moderate assistance with bed mobility and transfers. She was able to ambulate 10 feet with a rolling walker with moderate assistance.

AT DISCHARGE:

Following a 14-day stay of skilled nursing services Mrs. Sessions achieved all her goals.

Mrs. S. now requires supervision for bathing and dressing. She is independent with toileting.

Mrs. S. requires supervision for

bed mobility and transfers. She can ambulate 150 feet with a rolling walker independently.

Mrs. S. was successfully discharged home with home health services.

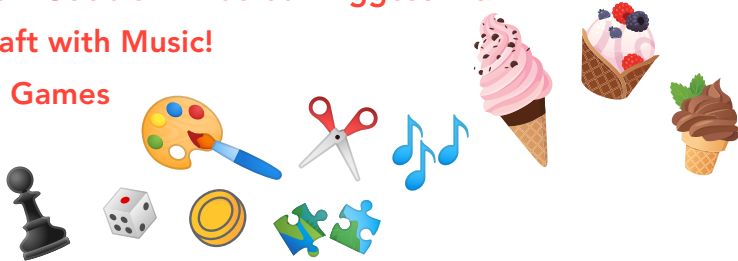
Mrs. S. is a great example of positive outcomes at Park Manor CyFair! Great Job Mrs. S. we are so proud of you!



WELCOME AUGUST!

August is a month that should be filled with **PEACE, LOVE, PROGRESS, HEALING, PROGRESS, BLESSINGS, AND OPPORTUNITIES**. The small things to love about August are endless hours of sunshine, homemade lemonade, spontaneous summer trips, multicolor sunsets, and seashells in all shapes & colors. August is the month when the sun beats down, and the flowers are in full bloom. It's time to enjoy the simple pleasures of watching the gladiolus flowers bloom. This month in activities, we will have a hot summer of fun with our residents.

- **Ice Cream Socials will be our Biggest Hit!**
- **Arts/Craft with Music!**
- **Games, Games**



Short-Term Therapy Success

ADMISSION & TREATMENT:

Mrs. Darlene H. is a 76-year-old who presented at Houston Methodist Willowbrook with shortness of breath with worsening lower extremity edema and weakness. She was successfully treated and diagnosed with Respiratory Failure and discharged to Park Manor CyFair.

Following initial assessments, Mrs. H. was moderate assistance with bathing, dressing, and toileting. She was moderate assistance with bed mobility and transfers. She was able to ambulate 15 feet with moderate assistance.

AT DISCHARGE:

Following a 33-day stay of skilled nursing services Mrs. H. was able to achieve her goals.

Mrs. H. is now supervision with bathing, dressing and toileting.

Mrs. H. is now independent with bed mobility. She can perform all functional transfers independently. She can ambulate 150 feet with a rolling walker independently.

Mrs. H. was successfully discharged home with home health services. Great Job Mrs. H! You are one of the great outcomes at Park Manor CyFair!



Short-Term Therapy Success

ADMISSION & TREATMENT:

Mrs. Linda Kallam is a 76-year-old who presented to Houston Methodist following a fall. She was diagnosed with a Left Femoral fracture. She was treated and successfully discharged to Park Manor CyFair.

The Therapy team at Park Manor CyFair performed initial assessments upon admission.

Mrs. Kallam required moderate assistance with bathing, dressing and toileting. She also required moderate assistance with bed mobility and transfers. She was able to walk 10 feet with a rolling walker with moderate assistance.

AT DISCHARGE: Following a 21-day stay of skilled nursing services Mrs. Linda Kallam was able to achieve her goals.

Mrs. Kallam is now supervision with bathing, dressing and toileting.

Mrs. Kallam now requires set up assistance with bed mobility and all functional transfers. She can now ambulate 150 feet with a rolling walker with supervision.

Mrs. Kallam was successfully discharged home with home health services.

Great Job Mrs. Kallam! You are one of the great outcomes at Park Manor CyFair!





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Jessica Jordan

HR/PAYROLL COORDINATOR
Lynsey Williams

BUSINESS DEVELOPMENT
Tray Daniels

ADMISSION ASSISTANCE
Brittney Garrett

MDS
Jorlanda Tripp

PPS
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MEDICAL RECORDS
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Montoya Coleman

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STAFFING COORDINATOR/
CENTRAL SUPPLY
Tabitha Steptoe

MAINTENANCE DIRECTOR
Frank

TRANSPORTATION COORDINATOR
Erica Williams

OFFICE VISIT HOURS
8AM-5PM MONDAY – FRIDAY

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WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

K	N	V	G	Y	S	D	M	F	I	E	K	B	Y	Z
S	A	F	V	M	C	R	C	O	B	L	O	O	F	L
B	D	L	E	G	A	C	Y	S	M	E	L	O	N	V
P	V	Y	V	H	A	S	N	R	B	K	S	K	Q	F
Y	E	J	C	M	W	U	M	M	O	P	P	S	C	U
X	N	N	H	P	F	M	T	E	U	E	R	C	P	V
E	T	L	N	E	B	M	T	L	M	S	J	E	R	U
X	U	A	X	Y	I	E	G	I	T	O	I	J	A	U
Y	R	J	F	M	Z	R	R	E	Y	M	R	C	Q	D
C	E	V	C	H	E	R	I	S	H	W	L	I	K	R
S	K	W	O	P	L	V	Y	H	V	A	B	H	E	Q
C	B	J	H	B	V	G	S	E	N	I	O	R	S	S
E	X	I	S	D	I	V	X	J	I	S	E	B	J	N
L	U	C	K	Y	S	Q	H	K	Q	Z	V	F	D	Y
J	A	U	W	G	V	Z	V	V	E	N	G	B	B	E

WORD LIST

ADVENTURE
BOOKS
CHARM
CHERISH
ELVIS
FUN
LEGACY
LUCKY
MELON
MEMORIES
MUSIC
PENNY
READ
SENIORS
SUMMER