

PARK MANOR CY-FAIR

**NATIONAL PLAY DAY:
YOU ARE
NEVER TOO
OLD TO PLAY!**



July 19 is National Play Day, a reminder that play does not have an age limit. Whether you are 9 or 90, play has a way of lifting the spirit, sparking laughter, and bringing people together. It is one of the simplest ways to feel young at heart. In a month that also celebrates staying social and connected, play is a natural fit, especially when shared across generations.

There are so many ways to join in the fun:

- **Bean bag toss or cornhole in the yard**
- **Balloon volleyball or indoor bowling**
- **Games like left-right-center, checkers, chess, or cribbage**
- **Card games such as Uno, euchre, bridge, or rummy**
- **Classics like Battleship, Scrabble, or Connect Four**
- **Music, dancing, or playing piano, guitar, or another instrument**
- **Handheld video games or phone apps**

Play also brings back memories of simpler days, like neighborhood baseball games, riding bikes until dinner, or afternoons at the swimming pool with friends. Those spontaneous “play dates” were really just time spent enjoying life outdoors.

On National Play Day, try something familiar or something new. Gather with friends or family of all ages, have fun, stay connected, and simply play!





HAPPY BIRTHDAY

Yokisia J.	7/1
Margaret H.	7/3
Patrick H.	7/4
Hermer W.	7/4
Agnes D.	7/9
Jose V.	7/10
Lola S.	7/12
Jeanette W.	7/12
Worren A.	7/14
Eric B.	7/16
Margaret E.	7/19
Jeannette C.	7/21
Christophe W.	7/23
Doris G.	7/24
Beth V.	7/24
Syeda T.	7/25
Mary V.	7/30

SPECIAL EVENTS

Welcome July! July reminds us that every day is a gift. Like the summer sunshine, kindness, friendship, and cherished memories brighten our lives & bring warmth to our hearts. Age is not measured by years but by the stories we share, the love we give, and the lives we continue to touch. We celebrate our nation's independence this July; we honor the strength, courage, and resilience of those who came before us. Their stories continue to inspire us every day. Know that having a happy heart, a caring community, and treasured memories make every season brighter. Happy July 2026! May this month bring sunshine, laughter, and special moments with the ones we love. Just as fireworks light up the summer sky, kindness, friendship, and cherished memories brighten our lives and bring joy to those around us.

July 3, 2026 - 4th of July Bash at 2:15 pm

**BBQ Lunch Celebration

Saturday, July 11, 2026, from 11:45 a.m. to 2:15 p.m. for a delicious BBQ lunch served to all residents and staff.

This special meal is generously provided courtesy of Breaking The Chains Ministry and Veterans Helping Veterans Ministry.

We sincerely appreciate their kindness, support, and dedication to serving our community. We look forward to sharing a wonderful afternoon of food, fellowship, and gratitude with everyone!

Date: July 11, 2026 • Time: 11:45 a.m. – 2:15 p.m

Join us for a hot month of fun in activities.

Fun Ways to Dress Up Your Hot Dog!

July is National Hot Dog Month, a time to celebrate this beloved summer staple. Whether you're at a cookout, ballgame, or picnic, nothing says summer quite like a perfectly dressed dog.

Tired of the same old ketchup and mustard? Try these fun twists to give your hot dog a makeover:

Bruschetta Dog: Tomatoes, garlic, basil, and balsamic on a toasted roll

Tiki Style: Bacon-wrapped with teriyaki glaze, grilled pineapple, and red onion

French Onion: Caramelized onions, Swiss cheese, and a sprinkle of thyme

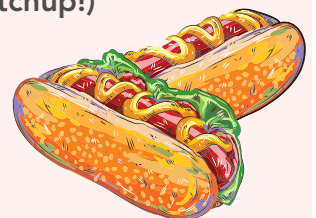
Regional Favorites

New York: Spicy brown mustard and sauerkraut

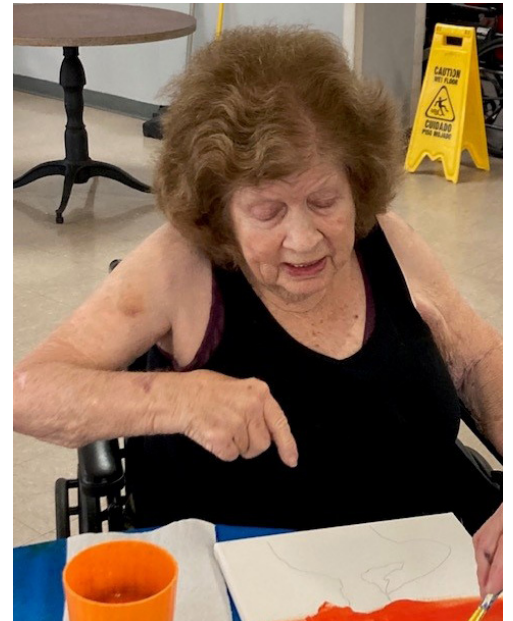
Chicago: Relish, tomato, pickles, onions, sport peppers, and mustard (no ketchup!)

Seattle: Cream cheese with grilled onions and jalapeños

Philly: Cheez Whiz, peppers, and onions



Activity Photo Highlights!!





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MANAGEMENT TEAM

ADMINISTRATOR
Stanley Lira

DIRECTOR OF NURSING
Adriane Ruffin

DIRECTOR OF ADMISSIONS
Jessica Jordan

HR/PAYROLL COORDINATOR
Lynsey Williams

BUSINESS DEVELOPMENT
Tray Daniels

ADMISSION ASSISTANCE
Brittney Garrett

MDS
Jorlanda Tripp

PPS
Chiquita Evans

SOCIAL WORKER
Cheyenne Norr

MEDICAL RECORDS
Veronica Thomas

UNIT MANAGERS (ADON)
Kyle Rogers &
Montoya Coleman

DIRECTOR OF THERAPY
Nicole Winder-Collins

ACTIVITY DIRECTOR
Twilia Fielder

DIETARY MANAGER
Alex Levigne

DIRECTOR OF TALENT
Ryan Walter

**STAFFING COORDINATOR/
CENTRAL SUPPLY**
Tabitha Steptoe

MAINTENANCE DIRECTOR
Frank

TRANSPORTATION COORDINATOR
Erica Williams

OFFICE VISIT HOURS
8AM-5PM MONDAY – FRIDAY



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

K	N	D	B	N	U	F	A	M	I	L	Y	G	A	O	B
S	O	F	O	L	Z	I	U	V	R	A	R	P	A	S	S
Y	U	B	R	W	S	S	Y	E	L	I	T	L	S	M	F
W	T	B	E	F	A	J	M	P	J	S	O	G	R	J	E
L	D	X	D	P	I	M	D	J	I	B	G	K	G	W	R
X	O	I	O	X	U	Y	C	H	F	U	E	E	L	F	A
G	O	M	M	S	H	S	L	J	R	C	T	B	B	H	E
P	R	K	Q	J	I	T	O	E	I	P	H	E	G	O	E
G	S	Z	X	G	S	K	E	A	E	A	E	L	U	T	Z
B	X	R	H	H	T	H	L	W	N	T	R	A	U	D	I
L	J	E	R	C	O	M	I	H	D	R	C	I	B	O	E
U	T	D	W	G	R	C	O	I	S	I	E	R	X	G	F
E	M	W	C	L	Y	C	O	T	R	O	A	D	Y	U	C
Y	B	U	I	O	H	N	G	E	J	T	E	C	B	L	F
Z	L	G	M	G	I	T	M	E	H	I	L	H	S	I	H
B	U	Y	O	J	G	A	H	Y	Q	C	D	N	R	Q	F

WORD LIST

AMERICA
BLUE
BOREDOM
FAMILY
FRIENDS
GAME
HISTORY
HOT DOG
OUTDOORS
PATRIOTIC
PLAY
RED
SUMMER
TOGETHER
WHITE