

PARK MANOR CY-FAIR

NATIONAL MEN'S HEALTH WEEK: JUNE 15-21



National Men's Health Week is an important time to focus on men's well-being, raising awareness and encouraging early detection for better health outcomes. Studies show that men are less likely than women to visit the doctor for annual check-ups, which makes it even more important to highlight the value of regular health screenings. This week serves as a reminder to prioritize men's health, seek routine medical advice, and catch

potential issues early. Many common health problems, such as prostate and colon cancers, can be treated effectively when detected early. Prostate cancer is the most common cancer in American men (excluding skin cancers), but it can often be treated successfully with early detection.

In addition to routine exams for prostate and colon screenings, men should also keep up with regular check-ups from other health professionals, including dentists, dermatologists, and eye doctors. Annual

dental visits can help prevent tooth decay and gum disease, while eye exams can catch issues like glaucoma or early signs of vision loss. Regular skin checks with a dermatologist can detect skin cancers early, when they are most treatable.

Taking small steps today, like making an appointment or talking to a healthcare provider, can make a big difference. Use this week as a starting point to take charge of your health and support the men in your life in doing the same.





HAPPY BIRTHDAY

Gregorio G	6/6
Janis R	6/8
Ivory R	6/10
Beatriz B	6/12
Jo H	6/20
Ruby H	6/27
Jerline S	6/28
Georgiana W	6/28

Mother's Day Event Photos



SPECIAL EVENTS

Welcome June! June is a month when we have sunshine, smiles, and endless possibilities. May the month bring each of you love, happiness, sunshine, and long golden evenings! The month of June is when the weather begins to get warm, and the sun is brighter. We will be having outdoor events, national holidays, flag day, ice cream socials, table games for the men, and arts/craft for all. Please Join Us! We will celebrate CNA week in June & Father's Day.

6/10 – 6/17
CNA Week



6/18

Father's Day Grill
Outdoor for all fathers



Bingo in June
Every Week!



Special Congratulations:

Ryan, Administrator
Cheyenne, Master's Degree
Twilia, Bachelor's Degree

June is a month to
be full of happiness
and fun!

Mother's Day Event Photos ... continued



Mother's Day Event and we thank everyone who help make this event a success. We also would like to thank the Anderson family for having Elvis.



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MANAGEMENT TEAM

ADMINISTRATOR
Stanley Lira

DIRECTOR OF NURSING
Adriane Ruffin

DIRECTOR OF ADMISSIONS
Jessica Jordan

HR/PAYROLL COORDINATOR
Lynsey Williams

BUSINESS DEVELOPMENT
Tray Daniels

ADMISSION ASSISTANCE
Brittney Garrett

MDS
Jorlanda Tripp

PPS
Chiquita Evans

SOCIAL WORKER
Cheyenne Norr

MEDICAL RECORDS
Veronica Thomas

UNIT MANAGERS (ADON)
Kyle Rogers &
Montoya Coleman

DIRECTOR OF THERAPY
Nicole Winder-Collins

ACTIVITY DIRECTOR
Twilia Fielder

DIETARY MANAGER
Alex Levigne

DIRECTOR OF TALENT
Ryan Walter

STAFFING COORDINATOR/
CENTRAL SUPPLY
Tabitha Steptoe

MAINTENANCE DIRECTOR
Frank

TRANSPORTATION COORDINATOR
Erica Williams

OFFICE VISIT HOURS
8AM-5PM MONDAY – FRIDAY



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

C	X	E	Q	Q	P	X	M	F	A	T	H	E	R	O
E	C	H	D	T	E	A	U	J	W	A	T	E	R	Y
L	S	W	E	E	T	W	S	F	K	A	L	X	T	B
E	R	O	B	A	V	C	E	K	O	C	O	W	G	K
B	F	G	E	F	L	J	U	P	E	D	G	O	R	M
R	P	X	H	L	U	T	M	I	M	L	O	Q	R	C
A	S	K	P	E	P	U	H	C	X	Q	Z	Z	O	A
T	O	I	D	N	G	R	I	N	K	U	L	Z	Q	N
E	C	A	T	E	O	W	E	I	A	W	M	O	Z	D
D	D	D	D	E	G	L	R	C	Q	X	Y	O	J	Y
N	Z	O	P	M	W	Z	R	T	O	V	C	H	U	U
C	S	S	O	S	Y	U	Q	G	Z	M	E	Q	N	I
C	N	D	E	S	O	I	O	Z	I	Y	M	Y	E	C
J	M	E	N	K	Z	L	D	V	A	R	Z	I	N	S
H	Y	D	R	A	T	E	C	D	B	W	J	V	T	Y

WORD LIST

- CANDY
- CELEBRATE
- DAD
- FATHER
- HEALTH
- HYDRATE
- JUNE
- MEN
- MUSEUM
- PICNIC
- RECOMMIT
- SWEET
- TEA
- WATER
- ZOO