

# PARK MANOR CY-FAIR

## WORLD DAY OF MUSIC: JUNE 21



World Day of Music, observed on June 21, celebrates the universal language of music. Originating in France in 1982 as *Fête de la Musique*, this day has grown into a worldwide sensation, embracing the diverse musical traditions of cultures around the globe.

**Musicians come together from various backgrounds, generations, and cultures, and showcase their talents with numerous songs and musical genres.** World Day of Music also encourages innovation, experimentation, and creativity in music-making. Need ideas on

how to celebrate? Here are a few to spark musical moments:

**Live Performances:** Attend a live performance from a volunteer musician, or at a local music event near you. Go see an artist you haven't seen or heard of before to broaden your musical horizons.

**Music-themed Movies:** Enjoy a musical movie every afternoon for a week! Include recent favorites, like *Sing* or *Chicago*, or classics like *Mary Poppins*, *Singing in the Rain*, or *The Wizard of Oz*. It might even turn into a fun sing-along!

**Music Trivia Night:** Organize a music trivia night featuring

questions about famous bands and musicians throughout history.

**Group Playlist:** Ask friends and family of all generations to each add one to two of their favorite songs to a playlist on your phone or tablet. Enjoy the variety of tunes and have fun discovering new songs and artists.

**Intergenerational Music Activities:** Did you play a musical instrument in your youth? Do you know how to read music? Share this talent with your grandchildren or local youth groups. Show them how to play scales, a simple song, or how to read sheet music.



# Short-Term Therapy Success

## ADMISSION & TREATMENT:

- Mrs. Hattie E. is an 83-year-old who admitted to Memorial Hermann Northwest Hospital following a fall. She was diagnosed with Pneumonia. She transferred to Park Manor CyFair on 3/18/25 to begin her skilled stay.
- The Therapy team at Park Manor CyFair performed initial evaluations following admission.
- The initial assessments indicated that Mrs. Hattie required total assistance for bathing and maximum assistance for toileting. She required moderate assistance for bed mobility, transfers and gait with 10ft with rolling walker.
- Mrs. Hattie's goal is to return home with her husband following her skilled stay.

## AT DISCHARGE:

- Following 16 days of skilled physical rehab, she demonstrated significant improvements in her functional mobility and ability to perform activities of daily living.
- Mrs. Evans now requires minimal assistance with bathing, supervision with toileting and dressing. She is now modified independent with bed mobility, Supervision with transfers and ambulating 150ft with the rolling walker with stand by assistance.
- She can complete 10 steps with contact guard assistance.
- Great Job Mrs. Hattie! We are so proud of you.



# ACTIVITY HIGHLIGHTS!



*Cinco de Mayo*

# Short-Term Therapy Success

## ADMISSION & TREATMENT:

- Mrs. Maria S. is an 81-year-old who admitted to St. Luke's Vintage for right hip pain. She underwent right hip surgery and transferred to Park Manor CyFair on 3/6/25 to begin her skilled stay.
- The Therapy team at Park Manor CyFair performed initial evaluations following admission.
- The initial assessments indicated that Mrs. Saavedra required Moderate assistance for bathing, toileting, and lower body dressing. She required moderate assistance for bed mobility and transfers. She was unable to take steps.
- Mrs. Saavedra's goal is to return home with her husband following her skilled stay.



## AT DISCHARGE:

- Following 16 days of skilled physical rehab, she demonstrated significant improvements in her functional mobility and ability to perform activities of daily living.
- Mrs. Saavedra is now modified independent with bathing, toileting and dressing task. She is modified independent with bed mobility, transfers and able to ambulate 100 ft with a rolling walker with stand by assistance.
- Mrs. Saavedra discharged home with her husband.
- Great Job Mrs. Maria! We are so proud of you.



# ACTIVITY PHOTOS ...CONTINUED



Mother's Day



## HAPPY BIRTHDAY

Ivory R.	6/10
Anner G.	6/24
Wendy M.	6/28
Jerline S.	6/28
Georgiana W.	6/28
Larry H.	6/30

## RESIDENT OF THE MONTH

Mrs. Elizabeth has a great time sitting out by the nursing station watching people come in and out of the facility. She enjoys coming to Zoey's Exercise on Wednesday and getting her hugs. She enjoys being outside, bingo, arts/craft, and music socials. She keeps a smile on her face. She is always on time to the events.

## Hello June!

The month of June brings us love, happiness, & sunshine. As this month comes the sun gets hotter, adventures, lawnmowers running, the smell of grass, birds singing, playing in the water, people eating watermelon, and outdoors events more. The month of leaves and roses begin to bloom. When the wind blows you may smell the pleasant scents of roses. Reasons to know June is here. Join us for the summer fun!

We will be celebrating:

- Father's Day: June 12 @ 11:30am
- CNA Week: June 12th – 18th
- Juneteenth Celebration
- New Games for our residents
- Arts & Crafts throughout the whole month of June!



11001 CRESCENT MOON DR.  
HOUSTON TX 77064-4024

Admissions: 281.477.8877  
info@parkmanor-cyfair.com  
[parkmanor-cyfair.com](http://parkmanor-cyfair.com)

## MANAGEMENT TEAM

ADMINISTRATOR  
Stanley Lira

DIRECTOR OF NURSING  
Adriane Ruffin

BUSINESS OFFICE MANAGER  
Trey Daniel

HR/PAYROLL COORDINATOR  
Lynsey Williams

BUSINESS DEVELOPMENT  
Kaylee Cook

CENTRAL SUPPLY  
Brittney Garrett

MDS  
Jorlanda Tripp

PPS  
Chiquita Evans

SOCIAL WORKER  
Cheyenne Norr

MEDICAL RECORDS  
Veronica Thomas

UNIT MANAGERS (ADON)  
Kyle Rogers &  
Montoya Coleman

DIRECTOR OF THERAPY  
Nicole Winder-Collins

ACTIVITY DIRECTOR  
Twilia Fielder

DIETARY MANAGER  
Tenlile Jones

DIRECTOR OF TALENT  
Ryan Walter

STAFFING COORDINATOR  
Tabitha Steptoe

TRANSPORTATION COORDINATOR  
Erica Williams

OFFICE VISIT HOURS  
8AM-5PM MONDAY – FRIDAY



**WORD SEARCH** Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

I	X	F	N	X	I	S	O	W	K	G	E	H	B	B
K	Q	R	H	N	B	U	W	B	T	R	J	Y	W	E
O	M	E	N	O	C	R	D	Q	W	A	B	D	X	S
G	V	E	N	T	Y	V	V	J	Q	N	C	R	M	X
I	E	D	N	E	B	I	U	N	Z	D	A	A	U	S
D	Q	O	M	S	O	V	P	V	Z	P	Y	T	S	K
V	P	M	F	O	P	O	Y	O	G	A	H	I	I	R
F	R	R	I	N	T	R	W	R	F	Z	Z	O	C	H
S	X	A	J	G	F	X	W	A	T	E	R	N	C	T
W	F	M	D	S	F	Q	B	G	H	E	A	L	T	H
D	J	C	P	F	F	C	B	L	L	H	P	V	M	V
O	G	S	P	F	A	T	H	E	R	W	R	G	O	G
N	P	D	P	I	A	Z	X	S	E	L	F	I	E	E
U	A	W	X	O	H	N	R	F	J	E	U	B	B	H
T	I	T	Z	G	N	I	C	E	I	H	I	R	A	K

## WORD LIST

DONUT  
FATHER  
FREEDOM  
GRANDPA  
HEALTH  
HYDRATION  
MEN  
MUSIC  
NICE  
NOTES  
SELFIE  
SONGS  
SURVIVOR  
WATER  
YOGA