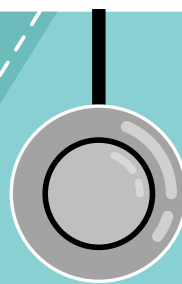
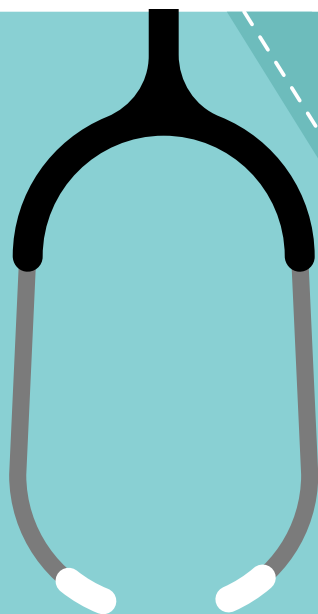


PARK MANOR CY-FAIR



**CELEBRATING THE
POWER OF NURSES!**
NATIONAL NURSES WEEK: MAY 6-12

National Nurses Week is a time to celebrate the incredible impact of nurses and honor the “Mother of Nursing,” Florence Nightingale. The week begins on May 6 and concludes on May 12, her birthday.

The 2025 theme, *The Power of Nurses*, highlights their invaluable contributions and the profound difference they make every day. Nurses provide more than care and medical services—they

bring comfort, security, companionship, and joy to residents and their families. Their dedication enhances lives in countless meaningful ways.

In senior living communities, nurses are the heart of compassionate care. Their skill, kindness, and unwavering commitment create an environment where residents feel safe, supported, and valued. The power of nurses is seen in every comforting word, every healing touch,

and every moment they spend ensuring the well-being of those they serve.

This week, take a moment to show appreciation for the nurses who make a difference.

A heartfelt thank-you, a small gift, or a thoughtful gesture can mean so much.

From all of us, we honor and celebrate the remarkable nurses who work tirelessly to help, heal, and uplift others. Your dedication is truly inspiring. Thank you!



Short-Term Therapy Success

ADMISSION & TREATMENT:

- Mrs. Harriett is a 73-year-old female who admitted to Houston Methodist Willowbrook following a fall at home. She was diagnosed Congested Heart Failure.
- The Therapy team at Park Manor CyFair performed initial evaluations following admission on 2/12/25.
- Following initial assessments, Mrs. M.'s required moderate assistance for bathing and dressing. She required total assistance for toileting. She required maximum assistance for transfers and bed mobility and unable to walk.

AT DISCHARGE:

- Following 23 days of skilled physical rehab, she demonstrated significant improvements in her functional mobility and ability to perform activities of daily living.
- Mrs. M. is now minimal assistance for bathing and dressing, moderate assistance for toileting. She is now stand by assistance with bed mobility, contact guard for transfers and able to ambulate 100ft with a rolling walker with contact guard assistance.
- Mrs. M. was successfully discharged home with home health therapy.



Special Events

Hello May! May is the month to open your eyes to the beauty of colorful flowers. Flowers and trees are in full bloom of beautiful colors around us. May is full of lovely sunsets at the end of the day. May is the gateway to summer coming soon. The time of the year to be outdoors enjoying the weather, birds singing, kids playing, and planting flowers or gardening.

We will be having a lot of outdoor events, art paintings, games, and the month of May is full of games.

May 3rd Kentucky Derby (TV in Bistro)

May 5th Fresh Squeezed Lemonade Social

May 5th Cinco de Mayo

Butterfly & Bird Art Painting all month with
(National start seeing Monarchs Day)

Scrapbook making

May 9th Mother's Day Social

May is full of so many national holidays and music socials! Come join your loved ones for the fun!

ACTIVITY HIGHLIGHTS!





Short-Term Therapy Success

ADMISSION & TREATMENT:

- Mrs. Carmen T. is an 81-year-old female who admitted to HCA North Cypress with back pain. She was diagnosed with a compression fracture of the second lumbar vertebrae.

- The Therapy team at Park Manor CyFair

performed initial evaluations following admission.

- Following initial assessments, Mrs. T. required Maximum assistance for bathing, dressing and transfers. She requires Moderate assistance for toileting and bed mobility. She can ambulate 15ft with a rolling walker with Maximum assistance.

AT DISCHARGE:

- Following a 17day stay of skilled nursing services Mrs. T. made significant gains with therapy by achieving all her goal.
- Mrs. T. is now supervision with bathing, toileting and dressing. She requires stand by assistance with bed mobility and contact guard with transfers. She can ambulate 100 ft with contact guard assistance with a rolling walker.
- Mrs. T. was successfully discharged home to continue with home health therapy. Mrs. T. is a true testimonial story of positive outcomes at CyFair. We are Proud of you!



HAPPY BIRTHDAY

Rodolfo A.	5/3
Juan S.	5/14
Librada V.	5/19
Roberts R.	5/20
John H.	5/23
Felix B.	5/24
Vincent O.	5/30

RESIDENT OF THE MONTH

Mary V. is the resident of the month. She enjoys listening to all kinds of music, dancing, being kind to others, helping others, bingo, family visits, and always smiling and making everyone welcome.

MORE HIGHLIGHTS!





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MANAGEMENT TEAM

ADMINISTRATOR
Stanley Lira

DIRECTOR OF NURSING
Adriane Ruffin

BUSINESS OFFICE DIRECTOR
Jazmine Williams

HR/PAYROLL COORDINATOR
Lynsey Williams

BUSINESS DEVELOPMENT
Kaylee Cook

CENTRAL SUPPLY
Brittney Garrett

MDS
Jorlanda Tripp

PPS
Chiquita Evans

SOCIAL WORKER
Regina Gardner

MEDICAL RECORDS
Veronica Thomas

UNIT MANAGERS (ADON)
Kyle Rogers &
Montoya Coleman

DIRECTOR OF THERAPY
Nicole Winder-Collins

ACTIVITY DIRECTOR
Twilia Fielder

DIETARY MANAGER
Tenlile Jones

DIRECTOR OF TALENT
Ryan Walter

STAFFING COORDINATOR
Tabitha Steptoe

TRANSPORTATION COORDINATOR
Erica Williams

OFFICE VISIT HOURS
8AM-5PM MONDAY – FRIDAY



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

T	W	C	C	K	K	P	T	P	B	U	K	P	D	G
I	A	E	I	K	C	N	Y	M	V	P	G	F	N	F
V	F	P	U	N	H	E	Y	W	H	T	P	L	K	F
S	E	J	E	K	C	E	L	C	W	F	U	O	Z	B
D	T	R	M	S	W	O	A	E	X	D	K	W	K	R
R	A	R	W	C	T	B	J	T	B	Y	A	E	Y	H
C	H	T	O	P	T	R	I	H	S	R	G	R	T	O
L	N	Z	Y	K	J	K	Y	L	F	B	A	S	I	N
C	P	S	V	I	E	E	Z	V	C	T	F	T	K	O
S	W	O	M	E	N	B	R	E	M	E	M	B	E	R
T	F	T	Y	M	O	T	H	E	R	S	M	C	Y	U
M	M	P	Y	E	F	V	T	N	U	R	S	E	S	G
S	Y	F	R	P	R	E	S	S	U	R	E	W	Q	O
X	G	U	Z	C	O	N	N	E	C	T	C	D	N	V
I	O	P	C	Z	N	Y	C	Q	W	E	A	V	E	I

WORD LIST

CARE
CELEBRATE
CINCO
CONNECT
FLOWERS
HEAT
HONOR
MOTHERS
NURSES
PRESSURE
REMEMBER
STROKE
TAPESTRY
WEAVE
WOMEN